

RODGAU LAUFTREFF e.V. 1983

6. Intern. 50 km Ultramarathon des RLT Rodgau

Ergebnisliste vom 29. Januar 2005

Nach IAAF-Regeln exakt vermessene 50 km Strecke

[schließen](#)

GPlatz	MW-Pi	SnR	Vorname	Name	Verein	Jahrg.	AK	AK PI	Zwischenzeit bei km										t' (min/km)											
									5	PI	10	PI	15	PI	20	PI	25	PI		30	PI	35	PI	40	PI	45	PI	50	PI	
1	1	494	Reima	Hartkainen	IFK Skövde Fridrott	1963	M40	1	3:19:19.1	18:41.0	2	38:25.8	2	58:02.8	2	1:18:32.0	2	1:38:52.0	2	2:00:25.7	2	2:20:53.4	2	2:41:06.0	2	3:00:37.2	1	3:19:19.1	1	3:59.2
2	3	453	Ruslan	Kandyba	Ukraine	1981	MHK	2	3:23:12.4	18:37.7	1	38:08.3	1	57:38.9	1	1:17:47.7	1	1:37:57.1	1	1:58:08.7	1	2:18:47.6	1	2:40:26.9	1	3:02:05.5	3	3:23:12.4	2	4:03.8
3	4	514	Jochen	Diedrich	SC Oberursel	1969	MHK	2	3:30:59.1	19:55.1	3	40:05.6	3	1:00:29.9	3	1:20:57.7	3	1:42:31.1	3	2:02:27.5	3	2:23:59.4	3	2:46:09.5	3	3:08:48.3	3	3:30:59.1	3	4:13.2
4	4	128	Gernot	Heiferich	LTF Marpingen	1969	MHK	3	3:33:28.6	21:09.8	8	42:13.7	7	1:03:37.1	6	1:24:30.1	6	1:45:34.7	6	2:06:29.7	6	2:27:23.9	4	2:48:42.7	4	3:10:53.2	4	3:33:28.6	4	4:16.2
5	5	587	Oleg	Krawtschenko	VLG Tv Flein	1973	MHK	4	3:34:16.1	21:18.2	11	42:13.8	8	1:02:54.2	6	1:24:11.6	8	1:45:30.6	5	2:06:26.8	5	2:27:28.9	5	2:49:35.7	5	3:12:06.9	5	3:34:16.1	5	4:17.1
6	6	410	Roland	Krieter	TV Heilbach	1960	M45	1	3:34:30.0	21:43.1	22	42:59.2	18	1:03:50.8	13	1:24:42.0	11	1:45:36.8	9	2:06:51.2	9	2:28:57.2	8	2:51:01.2	8	3:13:11.2	8	3:34:30.0	6	4:17.4
7	7	576	Grzyzard	Slakowski	LT 07 Heubach	1956	M45	2	3:34:36.6	21:42.7	21	42:58.2	17	1:03:50.8	12	1:24:41.5	10	1:45:36.1	8	2:06:50.8	7	2:28:56.4	7	2:51:00.8	7	3:13:10.5	7	3:34:36.6	7	4:17.5
8	8	385	Paul	Zöller	EK Schwabach	1957	M45	3	3:34:36.6	20:50.4	6	42:06.0	6	1:03:22.3	7	1:24:26.5	7	1:45:37.4	10	2:06:48.7	7	2:28:55.9	6	2:50:59.9	6	3:13:10.5	6	3:34:36.6	8	4:17.5
9	9	111	Jochen	Höschle	EK Schwabach	1968	MHK	5	3:36:46.9	21:16.3	9	42:15.7	9	1:03:44.4	11	1:25:23.8	14	1:46:53.3	12	2:08:29.0	12	2:30:18.5	11	2:52:43.4	9	3:14:53.8	9	3:36:46.9	9	4:20.1
10	10	162	Stefan	Bosch	TSG Schnaitheim	1965	M40	2	3:38:02.0	21:28.7	17	42:52.8	16	1:04:25.9	16	1:27:42.0	21	1:49:27.6	16	2:10:52.3	16	2:32:12.5	15	2:53:42.4	12	3:16:08.3	10	3:38:02.0	10	4:21.6
11	1	17	Constanze	Wagner	TV Mannheim-Rheinau	1963	M40	1	3:39:22.5	21:20.4	14	42:38.1	13	1:03:51.7	14	1:25:12.2	13	1:46:45.0	11	2:08:29.5	13	2:30:45.8	12	2:53:18.3	11	3:16:07.7	11	3:39:22.5	11	4:23.3
12	11	166	Thomas	Jung	TSG Höchst	1964	M40	3	3:41:34.8	21:23.9	16	42:35.7	12	1:03:43.3	10	1:24:40.9	9	1:45:35.7	7	2:06:55.4	10	2:29:18.5	9	2:52:48.3	10	3:16:53.7	12	3:40:50.9	12	4:25.0
13	12	435	Wolfgang	Schellenberger	TSG Schnaitheim	1963	M40	4	3:41:34.8	21:23.9	16	42:35.7	14	1:03:54.7	15	1:25:39.2	15	1:47:10.1	13	2:09:01.4	14	2:31:05.0	13	2:54:14.8	13	3:17:56.1	13	3:41:34.8	13	4:25.9
14	13	515	Viktor	Lieder	Gerolsteiner LGV	1957	M45	4	3:41:56.1	20:48.7	5	41:01.2	5	1:01:37.1	4	1:22:33.8	4	1:43:45.2	3	2:05:34.5	4	2:29:38.7	4	2:54:41.1	14	3:18:37.0	14	3:41:56.1	14	4:26.3
15	14	560	Dieter	Nickel	SC Oberriah	1958	M45	5	3:43:06.4	22:28.6	35	44:37.0	33	1:07:00.6	30	1:29:17.2	27	1:51:32.1	23	2:13:44.0	22	2:36:55.2	17	2:58:11.7	16	3:20:34.5	15	3:43:06.4	15	4:27.7
16	15	359	Robert	Wimmer	SC Roth 1952	1965	M40	5	3:43:45.9	19:57.9	4	40:44.4	4	1:01:40.2	5	1:22:55.9	5	1:45:13.4	4	2:07:57.0	4	2:31:56.0	4	2:57:03.9	15	3:21:11.5	16	3:43:45.9	16	4:28.5
17	16	116	Gerald	Bauk	Passions98	1966	MHK	6	3:43:46.2	22:08.8	25	44:11.8	25	1:06:10.5	24	1:28:15.3	23	1:50:46.2	18	2:13:23.9	19	2:36:01.9	18	2:58:48.4	18	3:22:03.1	17	3:43:46.2	17	4:28.5
18	17	144	Alwin	Gumbrecht	TV Rheinatzern	1956	M45	6	3:45:27.8	22:40.9	41	44:46.9	34	1:07:43.1	35	1:30:00.7	32	1:52:37.7	30	2:15:52.4	28	2:38:24.9	27	3:00:56.9	24	3:23:43.5	22	3:45:27.8	18	4:30.6
19	18	462	Günther	Märgfal	Limeshain	1977	MHK	7	3:45:48.6	23:14.0	59	46:30.3	56	1:09:34.8	48	1:31:49.1	46	1:54:08.7	37	2:16:04.4	29	2:38:04.4	23	3:00:27.2	23	3:23:30.3	19	3:45:48.6	19	4:31.0
20	19	98	Michael	Amborn	TV Offenbach	1957	M45	7	3:46:09.4	23:04.9	51	45:34.6	43	1:07:59.9	36	1:30:33.6	35	1:52:27.7	27	2:14:43.9	24	2:37:12.4	22	2:59:52.4	20	3:22:57.9	18	3:46:09.4	20	4:31.4
21	20	467	Ulrich	Krüger	www.laufreport.de	1957	M45	8	3:46:21.9	22:39.5	39	45:15.2	38	1:08:31.0	41	1:30:52.0	37	1:53:15.3	33	2:15:43.2	27	2:38:20.9	25	3:01:08.3	25	3:23:53.6	23	3:46:21.9	21	4:31.6
22	21	408	Lars	Pintschovius	Kelkheim	1977	MHK	8	3:46:37.6	23:51.8	78	47:08.5	67	1:09:31.5	47	1:32:39.0	49	1:54:56.3	42	2:17:16.9	35	2:39:47.0	29	3:02:18.0	27	3:24:49.0	26	3:46:37.6	22	4:32.0
23	22	544	Martin	Feigl	SC Delphin Ingolstadt	1961	M40	6	3:48:02.0	22:10.0	27	45:52.7	23	1:05:42.9	21	1:27:13.4	22	1:51:25.6	22	2:13:40.0	21	2:36:11.8	19	2:59:15.9	19	3:23:08.5	19	3:48:02.0	24	4:33.6
24	23	373	Georg	Weiss	LG Rosbach-Rothen	1962	M40	7	3:48:22.2	22:44.5	42	45:26.3	41	1:08:07.9	37	1:30:56.6	38	1:53:40.8	35	2:16:28.2	31	2:39:26.3	28	3:02:34.3	28	3:25:43.4	28	3:48:22.2	24	4:34.0
25	24	513	Andreas	Nutsi	LG SN1963	1963	M40	8	3:48:36.5	22:10.5	28	43:29.2	22	1:05:14.9	18	1:26:49.8	16	1:48:49.7	15	2:11:11.7	17	2:34:17.9	16	2:58:40.0	17	3:25:40.2	21	3:48:36.5	25	4:34.3
26	2	437	Jutta	Kolenc	TG Biberach	1960	M45	1	3:49:09.0	21:40.0	19	43:23.8	19	1:05:25.8	20	1:28:06.8	22	1:51:16.3	21	2:14:50.4	25	2:38:24.4	26	3:01:58.7	26	3:25:41.0	27	3:49:09.0	26	4:35.0
27	25	409	Gerhard	Roth	TV Heilbach	1946	M55	1	3:49:09.6	22:14.0	30	44:11.7	24	1:06:11.3	25	1:28:17.9	25	1:50:50.3	20	2:13:30.6	20	2:36:39.6	21	3:00:20.6	22	3:24:29.6	24	3:49:09.6	27	4:35.0
28	27	221	Günther	Guderley	TV Heilbach	1952	M50	1	3:49:40.9	21:42.2	20	43:25.6	20	1:05:24.3	19	1:27:27.1	19	1:48:49.3	17	2:12:48.9	17	2:34:13.1	15	2:57:48.1	21	3:24:45.4	25	3:49:40.9	28	4:36.8
29	26	367	Harald	Menzel	TV Söllingen	1978	MHK	9	3:53:08.9	23:37.9	70	47:30.1	73	1:12:00.2	76	1:35:53.9	73	1:58:48.9	69	2:21:46.1	58	2:45:20.7	48	3:01:02.5	32	3:53:08.9	29	4:39.8		
30	28	360	Jürgen	Grupp	TSG Schnaitheim	1965	M40	9	3:54:55.2	23:06.9	53	46:23.7	50	1:09:45.1	46	1:32:36.9	46	1:56:44.3	46	2:19:16.3	43	2:42:30.1	38	3:06:02.2	33	3:30:06.1	30	3:54:55.2	30	4:41.9
31	29	114	Armin	Härtle	EK Schwabach	1957	M45	9	3:55:12.4	21:19.5	13	44:33.7	32	1:06:08.7	23	1:28:23.9	26	1:52:36.7	29	2:16:35.0	33	2:40:59.0	33	3:07:00.3	35	3:32:07.0	36	3:55:12.4	31	4:42.2
32	3	573	Katja	Friedländer	TV Großstheim	1975	WHKL	1	3:55:32.1	24:31.6	92	48:32.8	91	1:12:40.7	80	1:36:29.6	79	1:59:43.0	68	2:22:41.5	59	2:45:51.9	50	3:08:42.8	45	3:32:05.2	35	3:55:32.1	32	4:42.6
33	30	38	Heinrich	Lederer	BSG-Post Sulzbach-Ros.	1959	M45	10	3:55:41.6	22:23.2	32	45:28.2	32	1:08:34.7	42	1:31:33.4	41	1:54:31.5	39	2:17:55.5	38	2:41:41.2	36	3:05:51.4	32	3:30:33.6	31	3:55:41.6	33	4:43.1
34	31	489	Thomas	Enkhardt	SV 1899 Mühlhausen	1966	MHK	10	3:55:57.5	23:49.6	76	47:36.2	75	1:11:19.1	70	1:35:02.8	67	1:59:07.9	64	2:23:16.6	62	2:46:59.5	56	3:10:26.3	52	3:33:29.9	42	3:55:57.5	34	4:43.1
35	32	250	Shakal	Ryan	SCC Berlin	1962	M40	10	3:56:15.0	22:35.0	36	45:51.8	44	1:09:18.2	44	1:31:48.7	45	1:54:14.4	38	2:17:20.5	36	2:40:12.0	30	3:03:29.9	29	3:29:18.7	29	3:56:15.0	35	4:43.5
36	33	92	Wolfgang	Jezeck	EK Schwabach	1957	M45	11	3:56:57.9	23:10.3	56	46:52.4	64	1:10:49.2	63	1:34:36.3	62	1:58:16.6	57	2:21:53.6	56	2:45:26.6	49	3:09:05.5	46	3:33:03.8	39	3:56:57.9	36	4:44.4
37	34	132	Robert	Feller	LTF Marpingen	1962	M40	11	3:57:27.7	24:38.4	99	46:49.1	62	1:08:39.2	43	1:30:34.2	46	1:52:28.5	28	2:14:43.4	23	2:38:10.8	24	3:04:22.5	30	3:31:18.2	33	3:57:27.7	37	4:45.0
38	35	557	Daniel	Behn	ClS Amberg	1965	M40	12	3:57:33.5	22:26.7	33	45:14.0	37	1:08:29.0	43	1:30:33.8	42	1:52:28.5	28	2:14:43.4	23	2:38:10.8	24	3:04:22.5	30	3:31:18.2	40	3:57:33.5	38	4:45.1
39	36	476	Peter	Müller	LC Bad Dürkheim	1963	M40	13	3:57:39.9	24:01.1	81	46:22.0	48	1:09:30.4	46	1:32:14.0	47	1:54:56.0	41	2:17:21.5	37	2:40:41.2	31	3:05:00.5	37	3:33:16				

GPlatz	MW-Pl	SNr	Vorname	Name	Verein	Jahrg.	AK	AK PI	Zeit ges	Zwischenzeit bei km										t' (min/km)										
										5	PI	10	PI	15	PI	20	PI	25	PI		30	PI	35	PI	40	PI	45	PI	50	PI
54	51	353	Friedrich	Hinkel	TV Lemberg	1940	M65	1	4:03:52,4	23:09,7	55	46:17,8	46	1:09:20,9	46	1:33:02,8	51	1:56:53,9	53	2:21:14,4	53	2:46:26,1	52	3:12:02,3	55	3:38:07,9	57	4:03:52,4	54	4:52,6
55	4	310	Ilona	Schlegel	Melpomene Bonn e.V.	1966	W35	1	4:04:11,9	24:30,4	91	44:21,8	95	1:13:50,0	92	1:38:01,2	91	2:01:37,3	78	2:25:39,8	73	2:49:48,3	68	3:14:05,7	60	3:39:14,9	63	4:04:11,9	55	4:53,0
56	52	416	Patrick	Gareil	LSG Iffezheim	1954	M50	5	4:04:28,9	22:02,9	23	49:05,9	29	1:06:59,0	29	1:30:14,8	34	1:53:49,8	36	2:18:30,4	39	2:43:02,2	40	3:09:06,9	47	3:37:01,8	53	4:04:28,9	56	4:53,4
57	53	421	Andreas	Keuchel	LG Fulda	1965	M40	17	4:05:08,6	23:33,2	62	48:59,3	65	1:10:35,0	61	1:33:59,0	59	1:58:35,8	58	2:22:55,5	61	2:48:12,8	58	3:14:02,0	60	3:39:57,6	62	4:05:08,6	57	4:54,2
58	54	420	Wolfgang	Uttendorfer	DAV Ludwigshurg	1962	M40	6	4:06:57,1	24:10,3	84	48:23,4	81	1:12:32,1	77	1:36:20,1	77	2:00:12,2	70	2:24:15,6	66	2:48:28,5	61	3:12:48,3	58	3:38:14,1	58	4:06:57,1	59	4:55,1
59	55	18	Walter	Wagner	TV Mannheim-Rheinau	1953	M40	18	4:06:26,3	21:18,5	12	42:44,5	15	1:04:57,0	17	1:27:21,0	17	1:50:48,9	19	2:15:03,8	26	2:41:40,1	35	3:08:57,0	48	3:36:30,3	48	4:06:26,3	59	4:55,7
60	56	561	Andreas	Steiner	Wehrheim	1965	M40	19	4:06:55,3	26:10,8	142	50:59,7	130	1:10:56,4	123	1:40:47,7	118	2:05:40,8	109	2:30:07,8	101	2:54:41,7	88	3:19:12,4	79	3:43:40,7	72	4:06:55,3	60	4:56,3
61	57	383	Matthias	Müller	Team Leucampus	1965	M40	20	4:07:36,6	23:35,3	67	47:13,0	70	1:11:09,2	69	1:35:44,4	71	2:00:22,0	71	2:24:47,2	69	2:49:17,5	64	3:15:11,9	64	3:40:54,7	67	4:07:36,6	61	4:56,5
62	58	263	Paul	Ergels	LLG Kevelaer	1951	M50	7	4:07:26,8	23:37,0	69	48:35,0	74	1:12:22,8	77	1:36:49,4	81	2:00:32,2	72	2:24:21,4	68	2:49:29,3	65	3:14:52,1	63	3:40:51,7	63	4:07:26,8	62	4:56,9
63	59	592	Christian	Ryl	ASG Tria Hockenheim	1980	MHK	13	4:07:29,5	22:03,6	24	44:31,2	36	1:07:34,8	34	1:31:36,1	41	1:56:41,9	45	2:21:42,0	54	2:48:20,8	70	3:17:41,4	70	3:43:08,1	68	4:07:29,5	63	4:57,0
64	60	60	Götz	Siebert	TV Groß-Karben	1954	M50	8	4:07:36,9	23:43,2	72	47:42,1	71	1:11:53,5	73	1:36:32,1	80	2:01:55,1	81	2:26:45,0	79	2:52:20,5	77	3:17:41,4	70	3:43:08,1	68	4:07:36,9	64	4:57,1
65	5	150	Elke	Streicher	EK Schwaikheim	1967	W35	2	4:07:47,5	23:07,6	54	46:48,6	61	1:10:53,9	65	1:34:55,6	66	1:59:26,1	66	2:24:19,8	67	2:49:31,7	67	3:15:31,6	65	3:42:06,3	65	4:07:47,5	65	4:57,4
66	61	153	Thomas	Börning	SV Mörtenbach	1952	M40	21	4:08:03,4	24:20,7	87	49:08,1	97	1:14:02,8	91	1:38:05,8	93	2:02:37,9	92	2:27:45,7	86	2:53:32,5	78	3:18:11,8	73	3:43:32,3	69	4:08:03,4	67	4:57,7
67	6	396	Marion	Braun	SV Germania Eichersch	1967	M45	2	4:08:03,9	24:35,2	96	49:09,4	96	1:13:51,2	94	1:38:46,8	93	2:02:37,9	92	2:27:45,7	86	2:53:32,5	78	3:18:11,8	73	3:43:32,3	69	4:08:03,4	67	4:57,7
68	62	47	Pascal	Correc	LLG Landsluth	1971	MHK	14	4:08:50,6	23:06,4	52	46:27,8	54	1:09:59,9	54	1:33:15,4	55	1:56:30,0	51	2:19:55,8	46	2:43:47,9	44	3:09:18,7	48	3:38:26,4	59	4:08:50,6	68	4:58,3
69	63	230	Lutz	Furoh	TV 1884 Marktheidenfeld	1958	M45	16	4:09:24,2	24:08,2	83	48:31,0	83	1:12:44,5	82	1:37:20,4	80	2:02:13,6	82	2:26:40,3	78	2:51:32,3	75	3:17:46,9	71	3:43:36,5	71	4:09:24,2	69	4:59,4
70	64	238	Giovanni	D'Apote	Nippon Göttingen	1951	M50	9	4:09:30,7	22:11,4	29	44:16,3	27	1:06:27,0	26	1:29:24,0	30	1:52:38,9	31	2:16:44,5	34	2:42:12,3	37	3:09:59,4	49	3:38:04,2	56	4:09:30,7	70	4:59,4
71	65	220	Frank	Held	KSG Gerlingen	1967	MHK	15	4:09:45,3	22:40,3	40	44:47,3	35	1:07:32,1	31	1:29:20,6	28	1:52:25,3	26	2:16:08,5	30	2:41:14,6	34	3:08:07,7	38	3:36:47,4	51	4:09:45,3	71	4:59,8
72	66	422	Georg	Krug	GVJM Rosenberg	1955	M50	10	4:09:52,0	24:22,8	88	49:02,4	94	1:13:32,1	89	1:38:02,3	92	2:02:24,6	84	2:26:50,0	80	2:51:21,7	73	3:16:18,9	68	3:42:35,0	66	4:09:52,0	72	4:59,9
73	67	493	Ulrich	Zach	D.V.V.Iff Coburg 2000	1956	M45	17	4:09:52,7	24:58,8	112	49:52,3	119	1:14:46,1	113	1:39:33,4	109	2:04:23,3	99	2:29:50,4	98	2:55:02,9	89	3:20:15,9	83	3:46:13,6	80	4:09:52,7	73	4:59,9
74	68	216	Ralph	Dietz	LG Weiringsen	1963	M40	22	4:10:20,7	24:03,3	82	48:00,5	78	1:11:59,3	75	1:35:41,5	70	2:01:00,3	76	2:26:19,4	70	2:50:38,7	69	3:16:50,3	69	3:44:36,6	75	4:10:20,7	74	5:00,4
75	69	349	Mathias	Schmitt	LG Würzburg	1972	MHK	16	4:10:32,8	21:39,1	18	44:19,2	29	1:07:28,4	32	1:31:24,0	40	1:58:57,2	47	2:21:13,2	52	2:48:19,5	59	3:16:11,6	67	3:44:10,5	73	4:10:32,8	75	5:00,7
76	70	430	Nikolaos	Adam	IGL Reutlingen	1953	M50	11	4:11:21,6	25:30,4	132	49:32,5	106	1:13:56,9	97	1:37:54,9	88	2:01:46,5	79	2:25:42,7	74	2:51:00,9	72	3:18:19,4	75	3:46:14,1	81	4:11:21,6	76	5:02,2
77	71	450	Dieter	Puttendorfer	VfL Goldstein-Frankfurt	1955	M50	12	4:11:47,5	24:33,8	94	49:28,7	103	1:14:45,2	112	1:40:16,3	116	2:05:19,6	106	2:30:27,9	104	2:55:37,8	91	3:20:47,4	86	3:46:14,1	81	4:11:47,5	77	5:02,2
78	72	237	Anke	Dreescher	SSC Hanau Rodenbach	1967	W35	3	4:12:01,9	23:53,1	79	47:58,8	77	1:13:15,0	87	1:37:41,2	85	2:02:34,1	85	2:27:40,1	85	2:53:07,3	79	3:19:48,4	82	3:46:13,6	79	4:12:01,9	78	5:02,4
79	73	126	Werner	Dengler	Nippon Göttingen	1942	M60	1	4:12:03,1	22:59,0	46	46:27,0	51	1:10:16,3	58	1:34:47,1	63	1:59:35,0	67	2:27:30,5	71	2:51:29,6	74	3:19:14,9	74	3:45:37,0	76	4:12:03,1	79	5:02,5
80	74	163	Peter	Decker	TSV Mümmersstadt	1948	M55	4	4:12:52,9	23:50,8	77	48:41,4	85	1:13:27,8	88	1:38:00,8	90	2:02:44,3	87	2:27:50,8	87	2:53:19,6	80	3:19:14,9	80	3:46:06,9	80	5:03,5		
81	75	463	Werner	Salch	ASC Strober Dillenburg	1966	MHK	17	4:14:08,4	23:36,4	68	47:27,0	72	1:11:11,6	69	1:36:05,5	75	2:01:00,0	75	2:26:19,2	72	2:52:18,3	76	3:19:39,4	81	3:47:14,7	82	4:14:08,4	81	5:03,6
82	76	316	Hans	Damm	TV Heilbach	1950	M55	5	4:14:10,6	25:16,3	120	49:43,2	109	1:13:58,0	99	1:38:37,1	97	2:03:24,4	90	2:28:41,2	91	2:53:26,9	81	3:18:55,4	78	3:44:20,2	74	4:14:10,6	83	5:05,0
83	77	252	Albert	Fischer	EK Schwaikheim	1942	M60	2	4:14:17,3	22:59,8	47	46:29,1	49	1:10:31,5	60	1:35:14,2	68	2:00:43,9	72	2:27:00,2	82	2:54:01,5	84	3:20:45,4	85	3:47:57,8	84	4:14:17,3	84	5:05,1
84	78	56	Thomas	Wieser	RLT Rodgau	1969	MHK	18	4:14:22,4	24:44,6	105	49:52,4	122	1:14:28,6	121	1:37:34,3	119	2:03:34,1	114	2:29:32,5	110	2:54:58,6	106	3:20:45,4	106	3:47:57,8	84	4:14:22,4	85	5:05,2
85	79	41	Reinhardt	Schulz	RLT Rodgau	1941	M60	3	4:14:28,8	24:46,6	108	49:47,7	113	1:15:20,3	120	1:41:59,9	126	2:07:11,7	118	2:32:33,2	112	2:59:19,7	107	3:24:44,4	104	3:49:59,9	92	4:14:28,8	86	5:05,4
86	80	143	Karsten	Schmidt	TV Rheinzabern	1960	M45	18	4:15:15,2	24:36,6	98	49:38,6	108	1:13:54,9	96	1:38:22,2	94	2:03:35,1	93	2:28:57,8	92	2:54:26,2	87	3:20:37,7	84	3:47:56,4	87	5:06,3		
87	81	407	Carmen	Hildebrand	SSC Hanau-Rodenbach	1969	W35	4	4:15:20,9	24:43,4	104	49:16,6	98	1:14:13,9	102	1:39:25,2	104	2:04:42,2	127	2:07:02,6	115	2:31:52,8	108	2:56:38,5	103	3:22:02,5	88	4:15:20,9	88	5:06,4
88	82	574	Rudolf	Riedel	Azay	1956	M45	19	4:16:06,6	26:45,7	171	51:56,9	140	1:16:59,9	132	1:42:02,4	127	2:07:02,6	115	2:31:52,8	108	2:56:38,5	103	3:22:02,5	88	4:15:20,9	88	5:06,4		
89	83	581	Thomas	Waagner	LC Sport Concept Hanau	1966	MHK	19	4:16:18,8	26:35,4	160	53:02,0	167	1:19:05,3	163	1:44:18,5	143	2:09:09,2	128	2:34:31,2	120	2:59:14,3	106	3:23:53,0	98	3:49:48,2	85	4:16:06,6	89	5:07,5
90	84	365	Armin	Jäger	Frankfurt	1978	MHK	20	4:16:49,8	25:02,4	118	49:44,5	111	1:14:42,5	111	1:39:50,2	111	2:04:45,2	122	2:06:33,8	114	2:31:27,0	106	2:56:23,3	99	3:22:02,5	97	4:16:49,8	93	5:08,2
91	85	529	Marco	Pohl	LT Egelsbach	1967	MHK	21	4:16:57,1	24:49,8	109	50:38,4	124	1:16:54,0	127	1:42:43,6	129	2:08:52,2	126	2:35:02,6	122	3:00:14,5	113	3:26:22,6	109	3:52:17,3	94	5:08,3		
92	9	355	Elke	Melzer	Alfterer SC	1963	M40	2	4:16:34,8	25:02,4	118	49:44,5	111	1:14:42,5	111	1:39:50,2	111	2:04:45,2	122	2:06:33,8	114	2:31:27,0	106	2:56:23,3	99	3:22:02,5	97	4:16:34,8	92	5:07,9
93	84	365	Armin	Jäger	Frankfurt	1978																								

GPlatz		MW-Pl	SNR	Vorname	Name	Verein	Jahrg.	AK	AK PI	Zeit ges	Zwischenzeit bei km										PI	50	PI	45	PI	40	PI	35	PI	30	PI	25	PI	20	PI	15	PI	10	PI	5	PI	AK	AK PI	t' (min/km)
115	105	484	Frank	Hofmann	LC Olympia Wiesbaden	1972	MHK	27	4:23:33,5	27:11,3	178	51:04,2	132	1:15:15,9	119	1:39:05,3	103	2:04:50,6	104	2:30:00,1	100	2:56:09,1	98	3:23:17,4	96	3:53:33,1	107	4:23:33,5	115	5:16,3														
116	107	11	Dietrich	Klaßen	RTL Rodgau	1967	MHK	28	4:23:50,8	27:22,3	190	53:17,1	177	1:20:18,1	185	1:45:40,6	168	2:11:55,3	163	2:38:02,0	161	3:04:47,6	143	3:30:46,6	141	3:58:11,6	125	4:23:50,8	116	5:16,6														
117	106	118	Gerhard	Walper	TV Großschheim	1960	M55	6	4:24:08,8	26:29,3	152	52:42,9	154	1:18:54,8	158	1:45:25,4	163	2:11:37,9	161	2:38:02,0	163	3:04:33,8	143	3:30:46,6	126	3:57:33,7	120	4:24:08,8	117	5:17,0														
118	108	550	Jens	Nake	TV Großschheim	1964	M40	29	4:24:20,7	27:34,9	203	53:59,1	192	1:20:46,3	189	1:47:01,1	182	2:13:07,5	172	2:39:13,9	171	3:05:30,1	159	3:32:03,0	146	3:58:39,1	128	4:24:20,7	118	5:17,2														
119	109	160	Dieter	Lebert	LT Goldbach	1960	M45	28	4:24:23,2	27:36,2	207	54:04,1	197	1:20:47,3	192	1:44:40,5	183	2:13:08,0	173	2:39:15,2	174	3:05:31,2	160	3:32:03,0	147	3:58:44,7	132	4:24:23,2	119	5:17,3														
120	111	235	Helmut	Adam	TV Großkrotzenburg	1956	M45	29	4:24:31,8	26:17,0	144	52:10,5	142	1:18:28,0	148	1:44:40,5	151	2:10:28,0	142	2:35:45,3	126	3:01:42,3	118	3:28:09,9	114	3:55:55,9	112	4:24:31,8	120	5:17,4														
121	111	368	Rainer	Koldzoy	LG Alpen	1958	M45	30	4:25:04,7	24:57,7	111	49:49,9	115	1:14:36,4	107	1:39:30,1	106	2:04:15,2	98	2:29:24,9	93	2:56:00,2	94	3:24:18,2	106	3:53:28,0	106	4:25:04,7	121	5:18,2														
122	112	268	Friedbert	Vetter	LT Philippsburger Hof	1963	M50	15	4:25:24,7	27:11,7	179	52:52,1	169	1:18:34,6	152	1:44:42,9	153	2:10:36,7	142	2:36:22,0	133	3:02:45,2	129	3:29:46,9	122	3:57:11,4	118	4:25:24,7	122	5:18,5														
123	113	451	Jens	Vielor	Team Ronja	1967	MHK	29	4:25:53,9	26:59,2	175	52:30,3	147	1:18:23,5	144	1:44:36,5	146	2:11:06,5	142	2:37:34,6	152	3:04:13,1	139	3:31:20,0	135	3:58:44,9	133	4:25:53,9	123	5:19,1														
124	11	281	Christine	Maier	PSV Pirmasens	1967	W35	5	4:26:00,4	25:28,2	130	50:47,3	127	1:16:54,0	128	1:42:43,5	130	2:08:45,5	126	2:35:05,9	123	3:01:51,5	119	3:29:53,1	123	3:57:37,1	121	4:26:00,4	124	5:19,2														
125	12	175	Petra	Hasenstab	TV Goldbach	1973	WHKL	2	4:26:03,5	27:33,7	199	53:59,9	194	1:20:46,9	191	1:47:04,0	187	2:13:16,5	175	2:39:18,3	171	3:05:36,8	162	3:31:56,9	144	3:58:42,3	129	4:26:03,5	125	5:19,3														
126	114	174	Andreas	Hasenstab	TV Goldbach	1968	MHK	30	4:26:05,3	25:43,4	135	52:00,1	141	1:17:50,8	147	1:44:47,9	154	2:10:56,1	147	2:38:36,2	164	3:05:27,1	156	3:32:04,2	148	3:58:55,2	134	4:26:05,3	127	5:19,3														
127	115	302	Karsten	Zeick	Erfensee	1971	MHK	31	4:26:11,4	27:13,8	182	53:17,6	178	1:17:50,8	174	1:44:27,2	164	2:11:40,0	162	2:38:36,2	162	3:05:27,1	156	3:32:04,2	148	3:58:55,2	134	4:26:11,4	127	5:19,3														
128	13	434	Andrea	Schellenberger	TV SGM	1963	W40	3	4:26:11,4	27:13,8	182	53:17,6	178	1:17:50,8	174	1:44:27,2	164	2:11:40,0	162	2:38:36,2	162	3:05:27,1	156	3:32:04,2	148	3:58:55,2	134	4:26:11,4	127	5:19,3														
129	116	459	Norbert	Rössler	EK Schwalkheim	1961	M45	30	4:26:31,8	25:40,5	134	51:00,7	131	1:16:21,3	124	1:41:21,3	124	2:06:21,5	112	2:32:15,2	110	2:59:25,6	106	3:30:36,8	125	3:59:47,6	129	5:19,4																
130	117	209	Norbert	Dolata	TV Schweinheim	1959	M45	31	4:26:30,6	27:19,6	167	53:10,9	175	1:19:16,4	166	1:45:30,2	166	2:12:03,5	164	2:37:52,4	156	3:30:43,6	136	3:31:04,5	128	3:59:11,9	136	4:26:30,6	130	5:19,9														
131	118	595	Hermann	Fonjar	LG Rodgau / TGM Jüges	1955	M50	16	4:26:34,0	27:42,8	210	54:59,3	211	1:22:08,6	211	1:49:00,7	208	2:16:15,2	198	2:43:32,4	199	3:08:48,6	186	3:34:13,7	160	4:01:13,9	150	4:26:34,0	131	5:19,9														
132	119	203	Edgar	Lamberz	LT Florstadt	1960	M45	32	4:26:36,9	26:36,4	162	52:58,0	164	1:19:43,0	146	1:46:07,6	169	2:12:22,0	166	2:38:45,5	165	3:05:03,5	150	3:31:18,4	134	3:58:09,1	124	4:26:36,9	132	5:20,1														
133	120	227	Jürgen	Köhler	SCC Berlin	1947	M55	7	4:26:47,2	26:58,2	174	52:35,2	149	1:18:25,1	172	1:44:37,9	147	2:11:13,6	154	2:37:35,8	153	3:04:15,2	140	3:31:52,7	143	3:59:02,8	135	4:26:47,2	133	5:20,1														
134	121	593	Roland	Schiff Martini	SMC Frankfurt	1960	M45	33	4:26:49,2	26:36,3	161	53:56,3	191	1:20:49,8	194	1:47:30,7	192	2:14:53,1	194	2:47:02,5	196	3:07:27,9	175	3:32:44,9	156	3:59:39,3	139	4:26:49,2	134	5:20,2														
135	122	208	Harald	Deckert	TV Schweinheim	1967	MHK	32	4:26:59,3	27:19,0	186	53:41,6	186	1:19:10,9	164	1:45:23,7	162	2:11:26,4	157	2:37:12,5	149	3:03:17,1	134	3:31:14,6	131	3:59:15,0	137	4:26:59,3	135	5:20,4														
136	14	331	Birgit	Bruder	PSV Pirmasens	1967	W35	6	4:26:59,9	25:01,6	115	50:47,8	128	1:17:34,9	138	1:43:46,0	138	2:10:03,5	136	2:36:49,2	144	3:04:45,1	144	3:32:12,5	150	3:59:44,4	140	4:26:59,9	136	5:20,4														
137	123	465	Markus	Norbert	VLG Eisenbach	1974	M45	34	4:27:16,7	24:41,0	102	49:25,9	102	1:14:41,9	110	1:40:02,4	114	2:06:25,3	113	2:33:44,7	117	3:02:01,0	121	3:31:23,8	137	4:00:17,1	143	4:27:16,7	137	5:20,7														
138	124	100	Norbert	Ebbert	Bad Wildungen	1959	M45	34	4:27:47,5	26:58,0	173	53:28,1	139	53:25,9	184	1:19:33,0	171	1:47:45,5	196	2:14:24,0	188	2:41:21,9	193	3:17:08,5	171	3:31:37,3	138	4:00:17,1	143	4:27:47,5	138	5:21,3												
139	125	125	Bernd	Prior	TV Groß-Zimmern	1967	MHK	34	4:27:58,1	26:01,8	139	53:06,1	172	1:20:16,0	182	1:47:48,6	198	2:14:51,3	193	2:41:57,2	194	3:09:12,5	188	3:35:56,5	169	4:02:35,6	157	4:27:58,1	139	5:21,6														
140	126	85	Asir	Sakinc	TV Groß-Zimmern	1969	MHK	35	4:27:59,3	27:13,2	180	52:57,2	160	1:18:32,2	160	1:44:15,9	142	2:10:39,1	143	2:39:30,2	137	3:02:35,9	126	3:29:58,6	124	3:58:07,5	123	4:27:59,3	140	5:21,6														
141	127	16	Georg	Kunzfeld	Frankfurt	1974	MHK	36	4:28:10,2	31:12,8	327	56:53,5	254	1:22:51,4	218	1:48:27,8	210	2:13:59,9	186	2:40:21,3	184	3:06:12,2	168	3:33:43,8	159	4:00:50,6	149	4:28:10,2	141	5:21,8														
142	128	473	Jan	Otto	Dietzholz	1977	MHK	37	4:28:24,1	28:34,2	256	58:38,4	225	1:21:46,1	203	1:47:24,6	144	2:10:59,7	148	2:37:23,4	151	3:04:29,1	152	3:32:16,2	152	4:00:32,5	147	4:28:24,1	142	5:22,1														
143	129	370	Udo	Wiemann	LG Würzburg	1958	M45	35	4:28:28,5	26:31,8	155	52:29,6	146	1:18:33,8	151	1:44:24,6	144	2:10:59,7	148	2:37:23,4	151	3:04:29,1	152	3:32:16,2	152	4:00:32,5	147	4:28:24,1	142	5:22,1														
144	130	594	Klaus	Pannek	LG Minimax Seigenstadt	1943	M60	4	4:28:38,8	26:45,5	170	54:13,7	201	1:21:42,5	202	1:48:34,1	201	2:14:39,0	191	2:40:46,1	187	3:08:08,9	183	3:34:44,2	164	4:01:59,9	156	4:28:38,8	144	5:22,4														
145	131	5	Dennis	Güldenste	Spridon Frankfurt	1976	MHK	38	4:28:58,1	27:29,9	195	53:46,9	188	1:20:17,2	184	1:47:00,9	188	2:13:38,9	182	2:40:55,4	189	3:07:36,3	177	3:34:18,0	161	4:01:51,9	153	4:28:58,1	146	5:22,8														
146	132	105	Christian	Lüdecke	SG Anspach	1958	M45	36	4:29:08,6	27:30,5	196	53:48,6	188	1:20:17,4	184	1:47:00,9	188	2:13:38,9	182	2:40:55,4	189	3:07:36,3	177	3:34:18,0	161	4:01:51,9	153	4:28:58,1	146	5:22,8														
147	133	158	Gerhard	Eiser	SV Gelnhausen	1969	MHK	39	4:29:08,6	23:01,1	50	46:31,3	59	1:10:14,3	57	1:34:11,2	65	2:06:18,7	65	2:26:17,2	75	2:54:22,8	87	3:32:42,3	102	3:56:40,1	115	4:29:08,6	147	5:23,0														
148	15	130	Andrea	Feller	LT Marpingen	1971	WHKL	3	4:30:06,0	25:01,4	114	50:39,4	126	1:16:57,9	130	1:43:23,3	136	2:10:57,7	135	2:36:48,9	143	3:04:52,3	146	3:34:42,3	151	4:00:39,4	148	4:30:06,0	148	5:24,1														
149	134	404	Johann	Stachelberger	TV Goldbach	1947	M55	8	4:30:23,5	24:35,7	97	48:29,5	104	1:14:48,4	114	1:40:49,0	119	2:07:09,9	116	2:34:11,4	118	3:02:12,3	125	3:31:22,6	136	4:00:59,1	155	4:30:23,5	149	5:24,5														
150	135	115	Dieter	Rantz	Dromed Karlsruhe	1935	M70	1	4:30:28,3	25:25,5	126	49:51,2	117	1:14:34,7	105	1:39:31,1	107	2:09:15,8	129	2:35:31,9	125	3:02:01,0	122	3:29:13,2	118	3:58:35,9	127	4:30:28,3	150	5:24,6														
151	136	272	Thomas	Sudt	LT Philippsburger Hof	1962	M40	31	4:30:57,9	27:23,0	191	52:45,8	196	1:20:48,8	193	1:47:03,5	186	2:13:09,7	175	2:39:14,7	173	3:05:29,6	157	3:32:05,7	149	3:58:44,5	131	4:30:57,9	151	5:25,1														
152	137	295	Kartheinz	Klement	TV Mämlingen	1960	M45	37	4:31:45,9	27:35,9	206	54:03,9	196	1:20:48,8	193	1:47:03,5	186	2:13:09,7	175	2:39:14,7	173	3:05:29,6	157	3:32:05,7	149	3:58:44,5	131	4:31																

GPlatz	MW-Pi	SNR	Vorname	Name	Verein	Jahrg.	AK	AK PI	Zeit ges	Zwischenzeit bei km										PI	50	PI	t' (min/km)							
										5	PI	10	PI	15	PI	20	PI	25	PI					30	PI	35	PI	40	PI	45
176	160	219	Tobias	Muth	LG Brechen	1967	MHK	43	4:38:37,8	24:19,2	85	48:49,1	90	1:13:57,3	98	1:38:44,3	100	2:04:13,1	97	2:29:58,3	99	2:56:08,7	96	3:24:28,4	101	3:58:01,7	122	4:38:37,8	176	5:34,4
177	161	47	Thomas	Wenning	Bochloer WSV Triathlon	1966	MHK	44	4:38:41,0	32:07,3	365	1:00:25,5	317	1:27:27,5	347	1:51:28,3	258	2:21:07,4	241	2:43:22,4	228	3:13:04,6	195	4:11:29,5	185	4:38:41,0	177	5:34,4		
178	162	134	Stefan	Feller	LT Marpingen	1968	MHK	45	4:39:31,0	22:50,3	44	46:21,4	44	1:11:57,6	74	1:36:08,0	94	2:03:40,8	94	2:31:39,0	107	3:01:57,3	120	3:31:13,2	130	4:08:41,8	177	4:38:41,0	178	5:35,7
179	163	57	Peter	Dobbertin	Schrautreff Oberusel	1951	M50	17	4:39:44,5	27:40,8	208	55:55,7	232	1:23:20,8	224	1:50:21,9	222	2:17:50,4	215	2:45:47,7	214	3:13:45,6	204	3:42:16,9	190	4:11:26,7	184	4:39:44,5	179	5:35,7
180	164	27	Michael	Thomas Friedl	Marathon Club Istanbul	1951	M50	18	4:40:21,5	26:03,8	140	51:36,9	152	1:17:25,9	137	1:43:34,2	137	2:10:18,5	138	2:37:56,4	159	3:06:50,6	168	3:37:29,0	173	4:08:54,7	178	4:40:21,5	180	5:36,4
181	165	66	Edwald	Schumacher	TG Groß-Karben	1968	MHK	46	4:40:31,1	28:11,5	240	56:45,6	252	1:24:56,6	235	1:53:03,0	230	2:21:05,6	240	2:49:15,4	235	3:17:35,2	203	4:13:42,8	193	4:40:31,1	181	5:36,4		
182	166	151	Wolfgang	Hertling	LT Annelingen	1958	M45	48	4:40:46,7	28:06,6	230	55:52,8	229	1:23:00,3	229	1:51:03,3	225	2:18:57,8	221	2:47:16,9	221	3:16:12,2	214	3:45:31,7	202	4:13:18,0	191	4:40:46,7	182	5:36,9
182	166	117	Ulrich	Heifenstein	LT Annelingen	1961	M40	40	4:40:46,7	28:06,6	230	55:52,8	229	1:23:00,3	229	1:51:03,3	225	2:18:57,8	221	2:47:16,9	221	3:16:12,2	214	3:45:31,7	202	4:13:18,0	191	4:40:46,7	182	5:36,9
184	17	495	Torill	Hartkainen	IFK Skövde Flirott	1987	W35	8	4:40:48,7	27:27,7	193	54:35,6	209	1:22:33,7	209	1:52:40,6	226	2:20:50,7	238	2:49:01,7	232	3:17:19,2	201	3:45:31,4	201	4:13:41,4	192	4:40:48,7	184	5:37,0
185	168	265	Heiko	Henrich	SUL Löbnitz	1970	M45	47	4:41:07,2	29:18,9	286	57:45,3	268	1:26:44,7	269	1:54:47,8	264	2:22:50,5	258	2:51:00,1	251	3:19:11,6	231	3:47:21,9	211	4:15:22,8	200	4:41:07,2	185	5:37,3
186	169	43	Bertram	Glogger	Augsburg	1959	M45	49	4:41:34,0	27:12,6	189	54:03,0	196	1:20:54,8	196	1:47:44,5	195	2:14:34,0	195	2:42:09,1	197	3:14:57,9	193	3:41:05,9	187	4:11:34,7	183	4:41:34,0	186	5:37,3
187	170	182	Tom	Woller-Roessler	Ulm	1978	MHK	48	4:41:45,6	29:02,0	277	56:33,7	244	1:23:47,4	232	1:50:41,3	223	2:16:44,2	206	2:43:56,4	202	3:12:29,5	200	3:43:00,0	194	4:14:37,3	195	4:41:45,6	187	5:38,1
188	171	446	Jürgen	Geisler	Spiron Franklurt	1950	M55	10	4:41:48,8	27:42,0	209	55:55,0	231	1:23:20,8	221	1:50:21,8	221	2:17:50,2	214	2:45:47,6	202	3:13:45,2	203	3:42:20,6	191	4:11:48,8	187	4:41:48,8	188	5:38,2
189	172	579	Matthias	Schüdera	TSV Bad Salzungen	1965	M40	41	4:42:15,9	26:38,0	165	55:22,3	181	1:19:56,2	179	1:46:19,9	177	2:13:26,6	180	2:40:34,1	185	3:09:24,1	185	3:41:02,1	185	4:11:35,4	186	4:42:15,9	189	5:38,7
190	173	556	Detlev	Ackermann	www.laufen-in-koeln.de	1970	MHK	49	4:42:32,4	24:35,0	95	49:29,7	105	1:15:05,1	116	1:41:44,1	123	2:08:55,2	127	2:36:26,5	135	3:06:08,7	165	3:37:24,0	172	4:09:28,7	179	4:42:32,4	190	5:39,1
191	174	257	Walter	Zimmermann	FC Würzburg	1954	M50	19	4:42:35,2	26:31,2	153	53:22,2	161	1:22:06,8	168	1:48:56,2	205	2:18:05,9	217	2:46:15,9	216	3:14:57,9	216	3:46:30,3	206	4:16:05,3	202	4:42:35,2	191	5:39,1
192	175	201	Udo	Heger	TSV Urspringen	1964	M40	42	4:43:12,6	28:21,3	249	58:42,7	250	1:25:38,0	256	1:54:01,3	254	2:22:24,8	254	2:51:25,4	254	3:20:23,5	236	3:48:29,2	215	4:16:05,7	203	4:43:12,6	192	5:39,9
193	176	195	Andreas	Wichmann	TV Großkrotzenburg	1950	M55	11	4:43:21,6	26:49,5	172	53:12,0	176	1:19:47,3	175	1:46:10,8	174	2:12:31,7	171	2:39:38,6	179	3:08:05,4	182	3:37:49,0	179	4:09:58,1	181	4:43:21,6	193	5:40,4
194	177	198	Karl	Schell	LT Hensbach	1950	M55	12	4:43:40,5	28:57,5	270	58:13,2	283	1:27:09,5	279	1:54:46,5	263	2:22:14,7	251	2:49:58,6	241	3:18:32,8	225	3:47:09,3	209	4:15:46,4	201	4:43:40,5	194	5:40,4
195	178	444	Ralph	Müller-Zeder	FC Impuls Oberthausen	1960	M45	50	4:44:00,8	27:59,4	224	55:37,9	224	1:23:58,3	237	1:52:07,3	234	2:49:04,2	234	3:17:48,2	233	3:46:27,4	204	4:15:03,4	199	4:44:00,8	195	5:40,8		
196	179	343	Krischanu	Day	FC Impuls Oberthausen	1979	MHK	50	4:44:20,0	31:01,8	324	1:00:23,1	315	1:29:09,6	306	1:58:18,1	306	2:27:45,7	298	2:57:15,5	289	3:26:39,1	266	3:54:23,5	236	4:20:12,9	214	4:44:20,0	196	5:41,2
197	180	131	Franz	Feller	LT Marpingen	1938	M65	2	4:44:34,2	29:00,4	113	48:51,7	118	1:18:05,6	143	1:45:15,9	159	2:15:35,2	195	2:45:28,9	211	3:14:52,5	209	3:45:29,1	200	4:16:12,4	204	4:44:34,2	197	5:41,9
200	183	10	Franz-Michael	Becker	Spiron Franklurt	1982	MHK	51	4:46:38,4	28:29,8	253	57:02,1	257	1:24:44,0	250	1:52:09,1	238	2:20:13,9	230	2:48:36,9	229	3:17:06,8	219	3:46:31,0	207	4:15:02,3	197	4:46:38,4	201	5:44,6
202	19	278	Hannalore	Metz	TV Haueneberstein	1949	W55	1	4:47:11,2	27:15,2	183	53:45,9	187	1:21:23,6	200	1:49:19,0	212	2:17:39,1	212	2:46:31,9	212	3:16:13,7	215	3:46:27,2	205	4:17:25,7	206	4:47:11,2	202	5:44,6
203	184	374	Franz-Josef	Ingenmey	Siege Sohle Dorfmund	1963	M40	43	4:48:37,6	28:51,4	267	57:37,3	266	1:25:54,4	257	1:54:17,9	255	2:22:45,8	257	2:51:24,3	239	3:13:03,3	202	3:43:00,2	193	4:14:38,1	196	4:45:10,5	198	5:42,0
204	185	100	Thomas	Magin	MKG Ludwigsfahnen	1955	M40	40	4:48:37,6	28:51,4	267	57:37,3	266	1:25:54,4	257	1:54:17,9	255	2:22:45,8	257	2:51:24,3	239	3:13:03,3	202	3:43:00,2	193	4:14:38,1	196	4:45:10,5	198	5:42,0
205	186	218	Egbert	Ostertag	KSG Geringen	1960	M45	52	4:48:40,4	29:43,8	283	58:55,8	299	1:26:56,8	272	1:54:45,5	261	2:22:14,8	252	2:50:10,4	242	3:18:44,5	227	3:48:45,1	218	4:19:00,0	211	4:48:40,4	205	5:46,4
206	187	516	René	Klipper	MTV Kronberg	1985	MJ20	1	4:48:40,5	31:35,3	394	1:00:29,5	319	1:28:41,6	301	1:57:36,5	291	2:22:06,2	285	2:50:11,7	283	3:18:32,8	265	3:55:28,1	240	4:27:14,1	220	4:48:40,4	206	5:46,4
207	188	110	Jürgen	Gessler	TV Stammheim	1966	MHK	52	4:48:48,4	29:43,9	284	58:24,4	288	1:26:57,0	273	1:54:45,5	260	2:22:15,7	253	2:50:11,7	243	3:18:44,9	229	3:48:44,7	217	4:19:00,0	212	4:48:48,4	207	5:46,4
208	189	72	Thomas	Eschenbacher	Heurgrombach	1967	MHK	53	4:48:59,1	23:41,6	71	48:11,2	70	1:13:05,6	85	1:39:56,4	113	2:08:35,4	123	2:36:59,0	147	3:06:38,7	167	3:38:31,3	177	4:12:04,5	189	4:48:59,1	208	5:46,8
209	190	62	Karl-Heinz	Fünflinger	TG Groß-Karben	1954	M50	21	4:49:08,6	28:11,3	239	58:44,8	251	1:24:55,9	251	1:53:00,0	249	2:20:59,7	239	2:48:15,8	236	3:17:41,2	222	3:46:34,5	208	4:16:35,9	205	4:49:08,6	209	5:47,0
210	191	254	Marlin	Höchst	TV Malkammer	1967	MHK	54	4:49:28,2	31:39,3	342	1:01:39,8	342	1:29:57,5	315	1:57:45,7	299	2:27:05,3	284	2:55:39,0	277	3:23:46,2	244	3:52:14,4	225	4:20:13,1	215	4:49:28,2	210	5:47,4
211	192	231	Norbert	Akt	Kornwestheim	1963	M40	44	4:49:38,2	26:25,6	150	53:02,3	166	1:20:07,4	181	1:47:41,6	194	2:16:20,1	194	2:44:45,9	209	3:14:04,5	206	3:47:55,2	213	4:18:56,2	210	4:49:38,2	211	5:48,0
212	193	419	Karl-Ernst	Rösner	100 Marathon Club	1966	M65	3	4:51:32,8	29:13,2	281	58:20,2	285	1:27:39,3	286	1:56:54,9	281	2:25:51,0	274	2:54:06,9	269	3:23:26,5	251	3:52:28,1	226	4:21:49,2	212	4:51:32,8	213	5:49,9
213	194	195	Joachim	Kortyka	Speyer	1955	M50	22	4:51:43,5	30:55,2	321	1:00:26,7	318	1:29:06,0	305	1:56:56,0	283	2:25:51,5	275	2:54:40,0	271	3:23:41,4	253	3:52:55,5	228	4:22:28,1	222	4:51:43,5	214	5:50,3
215	196	379	Edgar	Kluge	LT Büttelborn	1946	M55	14	4:51:57,0	28:32,6	254	57:17,3	260	1:26:12,2	262	1:56:18,0	271	2:24:07,0	277	2:54:56,0	277	3:23:36,2	252	3:52:50,1	227	4:22:31,2	223	4:51:57,0	215	5:50,3
217	20	285	Magdalene	Ochs	LT Guiten Neandertal	1954	W50	2	4:52:14,1	29:06,8	276	58:04,0	277	1:27:02,0	276	1:55:58,5	276	2:24:59,4	269	2:54:14,1	268	3:23:50,7	265	3:53:18,3	232	4:23:03,6	225	4:52:14,1	217	5:50,3
218	198	566	Leonhard	Lorey	Team Laucampus	1959	M45	54	4:52:22,1	28:12,9	242	58:21,7	239	1:24:07,0	240	1:51:18,4	230	2:19:00,6	223	2:48:41,5	220	3:16:04,6	213	3:47:11						

GPlatz	MW-Pl	SNr	Vorname	Name	Verein	Jahrg.	AK	AK PI	Zeit ges	Zwischenzeit bei km										PI	50	PI	50	PI	t' (min/km)					
										5	PI	10	PI	15	PI	20	PI	25	PI							30	PI	35	PI	40
237	23	391	Mariene	Rudolf	ELT Großheubach	1959	W45	5	4:59:21,3	30:06,8	305	59:58,4	307	1:29:45,6	312	1:59:19,7	315	2:28:26,7	306	2:56:08,7	302	3:27:09,7	269	3:57:24,4	248	4:28:26,9	238	4:59:21,3	237	5:59,2
238	215	93	Matthias	Schöll	VfL Heiligkreuzsteinach	1965	M40	57	5:00:06,0	28:50,0	265	57:30,0	291	1:25:56,8	296	1:53:14,2	251	2:21:15,8	246	2:50:31,6	246	3:21:02,8	234	3:53:30,9	233	4:27:46,2	232	5:00:06,0	238	6:01,1
239	216	394	Franz	Schöhl	Liederbach	1967	M40	48	5:00:51,0	29:06,2	275	58:24,9	291	1:27:57,9	293	1:57:49,5	302	2:27:31,6	295	2:57:33,6	295	3:28:01,2	274	3:59:19,8	258	4:30:12,6	247	5:00:51,0	239	6:01,1
240	24	48	Claudia	Weber	GV Waltrup	1962	W40	4	5:01:50,8	32:03,6	364	1:02:25,3	352	1:32:30,3	355	2:02:26,6	347	2:32:16,3	340	3:01:59,4	329	3:31:42,5	307	4:02:22,9	278	4:33:18,1	257	5:01:50,8	240	6:02,2
241	217	69	Wolfgang	Wiener	FC Groß-Karben	1935	M70	2	5:02:29,7	29:36,1	290	58:52,9	298	1:27:52,1	292	1:56:39,9	278	2:24:51,0	267	2:53:35,3	285	3:24:55,2	261	3:54:49,3	239	4:28:54,3	239	5:02:29,7	241	6:03,0
242	218	565	Oliver	Bibo	Darmstadt	1975	MHK	58	5:03:21,6	30:53,8	320	1:00:49,1	324	1:29:11,2	308	1:58:02,4	287	2:26:02,0	281	2:56:04,5	280	3:28:42,8	267	3:58:20,9	252	4:30:07,8	246	5:03:21,6	242	6:04,0
243	219	54	Stefan	Ott	RLT Rodgau	1963	M40	49	5:03:28,8	30:03,3	301	1:00:11,7	313	1:30:49,6	328	2:00:54,8	331	2:31:05,4	320	3:00:44,4	320	3:30:45,6	298	4:01:35,7	274	4:32:44,1	255	5:03:28,8	243	6:04,3
244	220	423	Jürgen	Roscher	BeLinn	1940	M65	4	5:03:32,5	32:07,0	371	1:02:33,8	319	1:32:22,5	335	2:03:12,0	332	2:33:05,3	322	3:03:55,3	322	3:30:58,4	301	4:01:31,3	274	4:32:43,4	251	5:03:32,5	244	6:04,3
245	221	155	Hartmut	Thurnm	Neuenstadt	1962	M50	25	5:03:53,9	29:36,5	291	1:02:33,8	299	1:26:20,0	285	1:55:09,7	270	2:25:00,4	276	2:55:00,4	276	3:25:42,6	263	3:57:20,5	246	4:29:35,6	245	5:03:53,9	245	6:04,7
246	25	26	Marianne	Dahl	TSV Burgwedel	1943	M60	16	5:04:19,8	29:59,6	300	1:00:11,3	312	1:30:36,8	327	2:00:33,4	327	2:30:44,4	324	3:00:23,8	315	3:30:23,8	295	4:01:10,7	270	4:32:42,6	252	5:04:19,8	246	6:04,7
247	222	152	Gerhard	Lorenz	FSG Michelbach	1952	M60	26	5:04:19,8	32:15,0	380	1:02:26,7	353	1:32:12,4	348	2:02:11,9	338	2:32:11,9	334	3:04:03,6	315	3:34:03,6	295	4:05:14,6	288	4:36:47,2	270	5:04:19,8	247	6:05,5
248	223	549	Guido	Mette	Ginnheimer LT	1960	M45	62	5:04:35,8	32:18,7	383	1:02:54,7	367	1:32:34,4	356	2:02:19,9	345	2:31:50,9	334	3:01:11,0	324	3:31:11,0	303	4:00:37,9	267	4:30:37,8	249	5:04:35,8	248	6:05,5
249	224	521	Joachim	Novak	Hammelburg	1965	M40	50	5:04:49,8	31:53,6	354	1:01:39,1	341	1:29:55,1	314	1:58:40,1	307	2:28:15,3	302	2:59:05,5	306	3:29:46,3	292	4:01:05,9	271	4:32:37,3	253	5:04:49,8	249	6:05,8
250	225	522	Klaus	Reuter	Hammelburg	1963	M40	51	5:04:50,1	31:52,9	353	1:01:36,9	339	1:29:50,3	313	1:58:40,6	307	2:28:15,3	303	2:59:05,5	307	3:29:47,3	292	4:01:11,5	272	4:32:41,5	254	5:04:50,1	250	6:05,8
251	226	211	Jürgen	Hoffmann	TV Rengsdorf	1958	M45	63	5:05:05,2	28:09,5	235	55:33,6	231	1:20:43,0	239	1:51:39,8	235	2:19:55,9	228	2:49:53,6	240	3:20:58,3	248	3:56:13,2	243	4:30:25,3	246	5:05:05,2	251	6:06,1
252	227	354	Jörg	Fausch	LSV Frauenfeld	1963	M40	52	5:05:08,2	26:34,4	168	53:25,3	183	1:20:37,0	188	1:49:01,5	209	2:19:26,5	242	2:50:53,3	250	3:23:06,4	248	3:56:13,2	243	4:30:25,3	246	5:05:08,2	252	6:06,1
253	228	217	Andreas	Liebeck	TriaGen	1964	M40	53	5:05:44,0	31:14,9	328	1:00:45,3	323	1:29:43,6	311	1:59:05,8	314	2:29:02,8	310	2:59:33,2	310	3:30:33,8	286	4:02:23,4	279	4:33:32,9	258	5:05:44,0	253	6:06,9
254	26	392	Birgit	Roos	SG Anspach	1953	W50	3	5:05:48,6	27:54,6	222	56:38,0	245	1:26:06,7	259	1:56:40,4	279	2:26:43,0	280	2:57:19,9	291	3:28:19,8	283	3:59:41,4	261	4:32:03,4	250	5:05:48,6	254	6:07,0
255	229	599	Michael	Gaiser	Umweltladen Weinheim	1955	M50	27	5:06:01,1	28:33,2	255	57:03,1	245	1:24:28,2	243	1:52:53,1	248	2:22:28,6	255	2:53:29,4	264	3:25:54,1	264	3:59:29,3	259	4:33:47,8	259	5:06:01,1	255	6:07,2
256	230	299	Carsten	Kienert	Bad Säckingen	1962	M40	54	5:06:34,9	30:17,8	312	59:17,9	305	1:28:19,9	298	1:57:38,1	296	2:27:01,1	282	2:56:34,6	282	3:28:07,4	278	4:00:38,1	268	4:34:13,4	260	5:06:34,9	256	6:07,9
257	231	564	Klaus	Riefer	LfE Tri Winterbach	1956	M45	64	5:07:04,6	27:33,2	197	54:02,2	198	1:21:21,4	197	1:49:20,2	213	2:17:53,9	216	2:47:46,2	224	3:19:41,8	234	3:53:08,4	230	4:29:13,3	242	5:07:04,6	257	6:08,5
258	27	509	Ruth	Jäger	LG Rodgau	1952	W50	4	5:07:29,5	30:03,4	302	1:00:11,0	311	1:30:36,6	321	2:00:43,2	329	2:30:45,2	325	3:00:20,2	314	3:30:59,6	302	4:02:23,4	280	4:34:56,4	263	5:07:29,5	258	6:09,0
259	232	403	Markus	Rühling	Marathonteam Lösselt	1968	M65	5	5:08:41,4	30:08,2	306	1:00:12,0	314	1:30:46,4	325	2:00:43,2	327	2:30:45,2	321	3:00:47,3	321	3:31:41,1	306	4:00:32,5	287	4:34:42,9	269	5:08:41,4	259	6:09,2
260	233	500	Wolf	Kallenbach	TV Halbach	1936	M65	5	5:08:51,3	27:10,8	177	55:53,9	229	1:25:20,6	253	1:55:02,3	267	2:24:31,6	265	2:56:18,0	281	3:27:34,2	271	4:00:32,5	264	4:34:42,9	261	5:08:51,3	260	6:10,6
261	26	325	Angelika	Abel	TV Stammheim	1956	W45	6	5:08:55,9	30:46,0	316	1:01:28,5	335	1:31:53,2	341	2:02:07,3	343	2:32:35,5	341	3:03:19,7	335	3:35:10,9	317	4:05:55,9	291	4:37:55,9	273	5:08:55,9	261	6:10,7
262	234	121	Eberhard	Oststeg	TV Stammheim	1946	M55	16	5:08:55,9	30:46,0	316	1:01:28,5	335	1:31:53,2	341	2:02:07,3	343	2:32:35,5	341	3:03:19,7	335	3:35:10,9	317	4:05:55,9	291	4:37:55,9	273	5:08:55,9	261	6:10,7
263	235	412	Harald	Heyde	Marathon Team Waldhies	1948	M55	17	5:09:11,3	30:26,0	314	1:00:50,1	325	1:30:56,0	331	2:00:10,7	318	2:30:00,9	313	3:00:09,3	313	3:30:34,8	297	4:01:40,5	275	4:34:59,9	262	5:09:11,3	263	6:11,0
264	236	4	Gerhard	Albert	TV Goldberg	1949	M55	18	5:10:11,6	28:48,8	262	57:58,6	274	1:27:23,6	289	2:07:18,4	280	2:36:42,6	289	3:07:18,0	285	3:38:03,8	267	4:00:31,4	263	4:36:38,8	268	5:10:11,6	264	6:12,2
265	237	460	Michael	Beckmann	LG Burschall	1969	MHK	60	5:11:05,0	29:56,8	299	58:41,2	292	1:26:57,8	288	1:54:26,2	282	2:22:10,8	248	2:51:40,4	258	3:23:12,0	249	3:59:17,1	257	4:37:56,0	272	5:11:05,0	265	6:13,8
266	29	358	Christine	Sextl	LSG Karlsruhe	1953	W50	5	5:11:31,2	29:49,5	295	1:00:05,4	309	1:30:35,4	320	2:00:29,1	323	2:30:34,2	323	3:01:12,2	325	3:33:30,8	312	4:06:21,3	292	4:39:55,4	277	5:11:31,2	266	6:13,8
267	238	469	Wolfgang	Zach	Heidelberg	1952	M40	55	5:12:20,2	31:45,9	344	1:00:41,4	321	1:30:13,5	312	1:59:02,1	294	2:27:30,0	294	2:57:22,8	294	3:31:30,9	305	4:00:31,2	282	4:36:04,0	265	5:12:20,2	267	6:14,8
268	239	104	Jürgen	Hohmeyer	TV Hemsbach	1962	M40	58	5:12:38,6	29:20,4	288	58:05,8	279	1:26:40,8	268	1:55:04,1	261	2:24:40,1	261	2:52:41,6	261	3:22:09,6	266	4:00:36,3	266	4:36:32,8	266	5:12:38,6	268	6:15,4
269	30	103	Petra	Bürmer	FC Laudenbach	1968	W35	10	5:12:38,6	29:20,4	288	58:05,8	279	1:26:40,8	268	1:55:04,1	261	2:24:40,1	261	2:52:41,6	261	3:22:09,6	266	4:00:36,3	266	4:36:32,8	266	5:12:38,6	269	6:15,4
270	240	345	Eddie	Doninger	FC Impuls Oberrhausen	1957	M45	65	5:12:50,2	31:01,3	323	1:00:23,4	316	1:29:09,8	305	2:07:46,6	299	2:37:15,5	290	3:07:15,5	290	3:37:41,0	270	4:08:22,2	262	4:35:24,2	270	5:12:50,2	270	6:15,4
271	241	303	Bernd	Hufn	TV Bad Orb	1959	M45	66	5:13:02,9	28:52,7	268	58:43,8	294	1:28:43,9	304	2:07:54,6	299	2:37:15,5	290	3:07:15,5	290	3:37:41,0	270	4:08:22,2	262	4:35:24,2	270	5:12:50,2	271	6:15,7
272	31	14	Dieter	Pfaff	MT Bonlanden	1962	M40	5	5:13:41,2	30:09,8	307	1:00:52,3	327	1:31:36,6	339	2:03:44,9	360	2:35:38,2	355	3:07:23,7	352	3:39:04,6	317	4:08:17,0	302	4:42:57,5	289	5:13:41,2	272	6:16,3
273	242	559	Dietmar	Wittig	Craishheim	1960	M40	61	5:13:41,2	28:53,7	269	57:32,3	264	1:29:25,8	309	1:59:38,1	316	2:30:30,5	322	3:02:27,9	330	3:34:52,7	316	4:08:17,0	297	4:42:57,5	289	5:13:41,2	272	6:16,3
274	32	510	Sabine	Schneider	DJK Marienstatt	1963	W40	6	5:13:55,2	32:07,9	374	1:02:21,7	350	1:32:30,2	354	2:02:39,3	348													

GPlatz	MW-Pi	SNr	Vorname	Name	Verrein	Jahrg.	AK	AK PI	Zeit ges	Zwischenzeit bei km										PI	50	PI	50	PI	t' (min/km)					
										5	PI	10	PI	15	PI	20	PI	25	PI							30	PI	35	PI	40
298	257	139	Alfred	Horn	Gimheimer LT	1939	M65	7	5:23:17,9	33:38,6	419	1:06:50,4	416	1:37:05,4	396	2:07:06,6	379	2:37:51,7	370	3:08:50,6	362	3:40:47,0	333	4:13:59,5	309	4:48:59,9	300	5:23:17,9	298	6:28,0
299	258	553	Uwe	Karau	Spiridon Frankfurt	1962	M40	59	5:23:44,1	33:22,2	412	1:05:10,6	402	1:38:14,2	401	2:10:25,1	400	2:42:43,3	391	3:16:30,8	390	3:49:39,4	368	4:20:53,0	326	4:53:09,2	305	5:23:44,1	299	6:28,5
300	259	552	Thomas	Scherzberg	Frankfurt	1954	M50	32	5:23:44,1	33:21,5	411	1:05:02,2	400	1:38:12,4	400	2:10:21,6	398	2:42:39,1	390	3:16:28,8	387	3:49:06,4	367	4:20:30,9	323	4:52:26,8	304	5:23:44,1	299	6:28,5
301	260	525	Kurt	Johann	Lauffrei Giedern	1959	M45	69	5:24:06,0	31:47,7	348	1:03:31,7	381	1:34:48,4	378	2:05:49,9	373	2:36:46,8	367	3:08:12,1	356	3:40:45,2	332	4:14:25,1	311	4:48:41,0	297	5:24:06,0	301	6:28,9
302	261	244	Matthias C. S.	Dreyer	TV Malkammer	1959	M45	70	5:24:09,7	32:21,4	384	1:04:58,2	398	1:36:19,3	391	2:07:51,4	382	2:40:03,8	376	3:11:51,8	381	3:47:41,0	363	4:20:39,8	324	4:52:13,2	302	5:24:09,7	302	6:29,0
303	262	46	Reinhard	Fresow	Kleinwallstadt	1948	M45	20	5:29:27,7	32:59,4	409	1:05:48,1	409	1:38:08,7	399	2:08:34,7	391	2:39:50,0	382	3:11:19,4	371	3:44:05,8	343	4:19:46,1	306	4:54:26,6	306	5:29:27,7	303	6:35,4
304	42	49	Angelika	Roedder	LT Alt-Erkath	1946	W55	3	5:29:48,2	32:16,8	382	1:03:20,2	376	1:35:45,9	386	2:07:26,9	381	2:39:32,8	375	3:12:16,5	372	3:45:59,3	348	4:20:45,2	325	4:55:51,8	308	5:29:48,2	304	6:35,8
305	43	565	Jana	Buck	LC Olympia Wiesbaden	1978	M40	4	5:30:01,2	31:52,0	382	1:03:10,6	372	1:34:35,3	375	2:08:06,4	386	2:40:54,8	381	3:14:07,8	374	3:47:29,3	362	4:21:04,4	327	4:55:52,3	309	5:30:01,2	305	6:36,0
306	263	508	Bernd	Kretschmar	Großfahner	1962	M40	60	5:30:50,2	28:10,8	238	57:59,7	276	1:27:36,2	283	1:58:47,7	310	2:29:26,1	312	3:04:25,9	343	3:38:11,9	323	4:17:03,8	315	4:52:17,0	303	5:30:50,2	306	6:36,0
307	264	404	Eberhard	Wung	Offenbach	1941	M60	8	5:32:27,9	32:02,0	361	1:02:36,5	353	1:32:25,7	353	2:04:51,9	352	2:37:29,6	343	3:10:31,1	339	3:41:50,1	339	4:17:36,1	318	4:55:48,1	307	5:32:27,9	307	6:39,0
308	265	411	Marc	Jung	Frankfurt	1968	MHK	65	5:32:40,8	31:55,3	365	1:05:29,4	406	1:35:23,1	383	2:08:56,2	395	2:40:18,6	378	3:13:31,4	379	3:47:39,2	364	4:22:25,3	328	4:57:22,4	312	5:32:40,8	308	6:39,0
309	44	253	Brigitte	Zietlow	Rietzenbach	1949	W55	4	5:34:32,2	32:55,6	400	1:05:13,4	403	1:37:34,2	397	2:08:46,9	393	2:40:32,5	393	3:12:34,3	374	3:45:11,2	345	4:20:13,6	321	4:57:04,8	311	5:34:32,2	309	6:41,4
310	266	59	Albrecht	Müller	Rheinsetten	1956	M45	71	5:34:48,5	32:37,2	393	1:05:26,6	405	1:38:21,1	403	2:11:11,3	402	2:44:06,8	395	3:17:34,4	388	3:51:04,6	360	4:27:35,5	330	5:00:28,9	314	5:34:48,5	310	6:41,8
311	45	173	Gerda	Kölb	Nürnberg	1964	W40	9	5:35:32,0	33:35,1	427	1:07:12,9	420	1:40:08,5	412	2:13:00,5	407	2:45:37,1	398	3:19:48,8	393	3:53:32,6	363	4:31:47,1	336	5:11:41,9	324	5:49:07,1	321	6:42,6
312	267	246	Nicolas	Deutschbauer	Post SG Heidelberg	1958	M45	72	5:38:20,6	28:23,2	250	57:26,1	262	1:17:20,8	275	1:57:14,3	287	2:29:38,3	314	3:03:38,0	349	3:41:52,7	340	4:20:30,1	322	4:57:53,7	313	5:38:20,6	312	6:46,0
313	268	347	Rainer	Nützel	Dreieich	1962	M40	61	5:42:31,5	33:41,6	422	1:06:58,7	419	1:40:29,8	415	2:14:39,8	411	2:50:59,3	414	3:25:57,0	404	3:58:19,6	366	4:33:39,0	338	5:07:07,6	318	5:42:31,5	313	6:51,0
314	269	167	Thomas	Enck	Commerzbank Berlin	1961	M40	62	5:43:03,9	32:23,4	387	1:02:35,1	360	1:32:19,6	350	2:02:21,3	346	2:33:05,9	343	3:05:17,0	348	3:40:12,0	330	4:17:30,1	317	4:55:55,5	310	5:43:03,9	314	6:51,7
315	270	242	Rudolf	Mahnburg	Breitensport Sinzheim	1952	M50	33	5:43:04,0	33:06,6	404	1:03:27,8	380	1:34:18,4	373	2:05:28,5	372	2:37:46,0	369	3:13:07,7	378	3:53:13,9	361	4:29:16,0	334	5:06:54,9	317	5:43:04,0	315	6:51,7
316	271	485	Rainer	Lösch	Running Experience	1958	M45	73	5:43:04,1	35:53,8	433	1:10:18,9	433	1:44:48,8	430	2:13:23,3	423	2:53:03,6	415	3:27:19,6	407	4:02:17,1	369	4:36:41,6	341	5:11:23,4	320	5:45:02,5	317	6:54,1
317	46	256	Ines	Engbert	TV Marathonteil	1956	W40	10	5:45:02,5	32:54,1	397	1:06:12,7	412	1:38:50,4	405	2:13:33,4	411	2:48:28,0	405	3:23:03,0	399	4:01:57,0	368	4:41:41,6	345	5:22:04,3	328	6:03:02,0	327	7:15,6
318	47	200	Regina	Scheer	TV Kleinwiedenes	1949	W55	5	6:03:02,0	32:57,2	401	1:05:01,2	399	1:38:25,4	404	2:11:22,8	404	2:46:00,8	399	3:22:03,5	399	4:01:57,0	368	4:41:41,6	345	5:22:04,3	328	6:03:02,0	327	7:15,6
319	272	485	Dr. Rainer	Sassmann	Königsb. Fechtclub Koblenz	1961	M40	63	5:45:11,2	33:13,6	405	1:05:05,4	401	1:37:04,4	395	2:08:53,9	394	2:41:34,6	387	3:14:36,8	384	3:48:17,8	356	4:26:27,5	331	5:04:03,8	316	5:45:11,2	319	6:54,2
320	273	432	Marcus	Ande	Denzlingen	1967	MHK	66	5:48:33,6	33:59,4	424	1:07:25,6	424	1:40:29,9	412	2:14:21,2	413	2:46:54,5	401	3:19:59,8	394	3:55:02,5	363	4:31:47,1	336	5:11:41,9	324	5:48:33,6	320	6:58,3
321	274	542	Horst	Richter	Ferienwehrt Unna	1959	M45	74	5:49:07,1	34:19,3	427	1:08:38,4	427	1:44:33,2	429	2:19:22,8	428	2:54:50,0	420	3:29:48,4	411	4:04:47,8	373	4:39:49,4	343	5:12:21,0	324	5:49:07,1	321	6:58,9
322	46	426	Martina	Hausmann	LG Würzburg	1960	W45	12	5:51:37,1	33:48,1	423	1:07:58,5	425	1:42:16,3	422	2:16:46,0	420	2:51:30,9	413	3:27:28,6	408	4:03:10,8	370	4:39:45,0	342	5:15:31,2	325	5:51:37,1	322	7:01,8
323	275	467	Bernhard	Sesterheim	100 Marathon Club	1945	M60	9	5:52:26,7	31:47,0	346	1:03:18,6	374	1:35:22,1	382	2:07:20,0	380	2:40:55,6	385	3:19:35,5	391	3:55:54,9	364	4:34:01,3	339	5:13:30,8	322	5:52:26,7	323	7:02,9
324	276	73	Ekkehart	Kramplatz	IGL Reutlingen	1939	M65	8	5:53:00,4	32:22,7	386	1:04:57,8	397	1:39:39,0	411	2:15:14,0	417	2:52:24,5	414	3:28:46,4	406	4:04:29,0	371	4:39:58,9	349	5:16:08,2	328	5:53:00,4	324	7:03,6
325	277	584	Klaus	Hoch	RSG 4 fun Rödermark	1954	M50	34	5:54:06,1	36:44,5	436	1:13:08,6	436	1:49:33,1	434	2:26:15,7	433	3:04:42,6	426	3:44:25,2	420	4:23:48,9	380	5:04:02,9	351	5:46:04,0	331	6:26:11,0	330	7:43,4
326	278	142	Heinrich	Kaster	TSG Fürstenbach	1948	M55	21	5:54:16,7	30:11,2	309	1:00:10,6	310	1:30:47,0	326	2:01:10,2	333	2:33:56,4	347	3:09:17,1	363	3:48:06,6	365	4:30:55,5	335	5:13:37,6	323	5:44:06,1	325	7:05,9
327	49	491	Karin	Scheer	TV Kleinwiedenes	1949	W55	5	6:03:02,0	32:57,2	401	1:05:01,2	399	1:38:25,4	404	2:11:22,8	404	2:46:00,8	399	3:22:03,5	399	4:01:57,0	368	4:41:41,6	345	5:22:04,3	328	6:03:02,0	327	7:15,6
328	50	70	Helga	Wehner	TG Groß-Karben	1938	W65	1	6:11:35,0	34:27,5	428	1:10:10,3	432	1:44:53,7	431	2:20:26,3	429	2:58:42,7	424	3:36:49,4	419	4:15:07,0	378	4:53:51,9	349	5:34:04,6	330	6:14:45,0	328	7:25,9
329	51	262	Andrea	Rust	TV Haarenstein	1957	W45	13	6:14:45,0	36:44,5	436	1:13:08,6	436	1:49:33,1	434	2:26:15,7	433	3:04:42,6	426	3:44:25,2	420	4:23:48,9	380	5:04:02,9	351	5:46:04,0	331	6:26:11,0	330	7:43,4
330	279	361	Klaus	Schulz	SCMT Berlin	1940	M65	9	6:26:11,0	36:44,5	436	1:13:08,6	436	1:49:33,1	434	2:26:15,7	433	3:04:42,6	426	3:44:25,2	420	4:23:48,9	380	5:04:02,9	351	5:46:04,0	331	6:26:11,0	330	7:43,4
331	280	298	Helmut	Ebele	SV Mörtenbach	1956	M45	75	abg.45	25:19,0	122	54:16,2	135	1:17:23,3	135	1:43:20,1	134	2:09:27,6	133	2:36:05,5	130	3:03:41,9	135	3:31:37,3	132	3:58:30,2	126	5:18,0		
332	281	277	Herrmann	Indischer	TV/DJK Hammelburg	1957	M45	76	abg.45	26:04,8	141	52:42,6	153	1:18:53,1	157	1:47:54,6	159	2:17:34,6	160	2:51:13,4	159	3:27:54,4	157	4:01:02,7	141	4:40:12,1	145	5:20,3		
333	282	255	Jozsef	Nogradi	Forum Team	1962	M40	64	abg.45	27:45,4	213	55:13,9	216	1:22:26,1	214	1:50:01,3	218	2:17:48,2	217	2:45:38,5	212	3:14:09,7	207	3:42:48,4	192	4:13:46,1	194	5:38,1		
334	283	582	Klaus	Hein	LT Degenbachtal	1959	M45	78	abg.45	29:02,4	273	57:56,1	271	1:26:18,4	264	1:54:28,2	259	2:22:05,3	247	2:50:31,6	247	3:21:02,8	240	3:53:31,5	234	4:27:48,4	233	5:58,4		
335	284	570	Lothar	Bosel	LTF Tri Winterbach	1957	M45	78	abg.45	27:33,2	198	54:07,3	199	1:21:21,8	198	1:49:22,7	215	2:19:32,6	226	2:50:45,3										

GPlatz	MW-Pi	SNr	Vorname	Name	Verein	Jahrg.	AK	AK PI	Zeit ges	Zwischenzeit bei km										t' (min/km)				
										5	PI	10	PI	15	PI	20	PI	25	PI		30	PI	35	PI
359	302	474	Ulrich	Brand	Selbolder-Real	1961	M40	68	abg.35	26:25.2	149	52:43.9	155	1:19:02.4	159	1:45:09.8	158	2:11:04.5	150	2:36:34.2	140	3:01:39.7	117	5:11.4
360	303	75	Jürgen	Thork	VfL Goldstein-Frankfurt	1956	M50	37	abg.35	24:41.2	103	49:27.4	101	1:14:41.7	109	1:39:54.6	112	2:06:17.5	111	2:33:32.8	116	3:02:49.5	130	5:13.4
361	304	97	Gottfried	Steller	Willy-Heilpach-Schule	1966	MHK	72	abg.35	24:39.6	100	49:49.2	114	1:16:25.6	125	1:42:56.2	132	2:09:39.7	133	2:36:35.5	141	3:03:59.4	138	5:15.4
362	305	179	Jürgen	Kamsties	TV Friesen-Teigte	1959	M45	82	abg.35	27:34.2	201	54:40.9	204	1:20:20.6	186	1:47:02.6	184	2:13:55.4	185	2:41:12.7	182	3:07:14.5	172	5:21.0
363	306	596	Mark	Fietkau	TSV Berkersheim	1970	M35	164	abg.35	26:37.5	164	53:05.3	171	1:19:49.6	177	1:46:12.8	175	2:12:28.4	170	2:38:54.3	169	3:07:25.9	174	5:24.7
364	306	596	Mark	Fietkau	TV Bonames	1964	M40	69	abg.35	28:40.9	259	55:11.9	214	1:22:28.2	216	1:48:32.2	217	2:14:12.3	218	2:40:37.0	186	3:09:25.5	190	5:25.7
365	307	74	Michael	Brunner	ASC Boxdorf	1966	MHK	73	abg.35	27:35.2	204	53:27.8	185	1:18:46.2	156	1:44:30.7	145	2:11:14.1	155	2:39:27.1	178	3:10:00.4	192	5:25.7
366	308	517	Jürgen	Bathon	SV Königshofen	1968	MHK	74	abg.35	24:27.0	90	48:44.1	86	1:12:41.5	81	1:37:33.1	83	2:05:36.3	107	2:36:55.9	145	3:12:26.3	199	5:29.9
367	309	167	Hans-Jürgen	Rupp	Marathon Waldalgesheim	1962	M40	70	abg.35	28:01.3	225	58:40.5	246	1:24:30.2	244	1:52:32.7	245	2:20:30.8	235	2:48:44.7	231	3:17:00.2	218	5:37.9
368	310	469	Gerhard	Wacker	Selbolder-Real	1950	M55	24	abg.35	28:05.2	229	56:47.9	253	1:25:37.0	255	1:54:23.7	257	2:24:12.7	264	2:50:37.9	248	3:19:30.6	233	5:42.0
369	311	137	Monika	Fischer	TSV Ober-Erlenbach	1963	W40	13	abg.35	29:17.4	283	57:40.1	267	1:26:14.6	263	1:54:49.9	265	2:23:32.1	259	2:52:29.1	258	3:21:19.1	241	5:48.4
370	311	225	Nicolas	Ferré	LT Hemsbach	1984	M20	2	abg.35	31:59.8	358	1:01:36.2	337	1:31:30.3	337	1:54:23.3	329	2:29:33.4	313	2:59:04.5	305	3:28:13.6	250	5:56.6
371	312	496	Karsten	Richter	LT Hemsbach	1982	W40	14	abg.35	30:04.2	303	59:12.5	303	1:28:17.0	296	1:57:37.6	294	2:27:15.3	287	2:57:20.7	282	3:28:01.4	275	5:57.8
372	312	496	Karsten	Richter	Vierneim	1970	MHK	75	abg.35	32:07.6	360	1:01:36.4	338	1:31:32.6	338	2:00:45.1	330	2:29:39.4	315	2:59:11.9	309	3:28:42.4	284	5:58.0
373	313	20	Albrecht	Becker	Run 4 fun Rödermark	1955	M50	38	abg.35	31:49.8	350	1:02:29.3	354	1:31:54.2	342	2:00:30.3	325	2:28:43.5	309	2:55:48.5	279	3:28:49.3	285	5:58.0
374	314	25	Alfons	Weckesser	Run 4 fun Rödermark	1953	M50	39	abg.35	31:28.8	333	1:02:10.3	346	1:31:56.7	344	2:00:25.3	322	2:28:42.8	308	2:55:48.1	278	3:28:49.4	286	6:01.5
375	315	530	Horst	Pohn	Mittenberg	1961	M40	71	abg.35	32:21.9	385	1:03:32.3	382	1:32:35.2	357	2:01:36.7	339	2:32:12.9	339	3:01:27.0	327	3:30:52.4	300	6:05.3
376	316	169	Hubertus	Kraus	SG Frankfurt-Nied	1959	M45	83	abg.35	32:06.8	370	1:02:55.2	368	1:32:38.3	358	2:02:19.8	344	2:31:15.1	335	3:01:00.0	323	3:33:04.9	309	6:15.3
377	316	185	Elka	Schuld	Fionemer Hubser	1964	W40	15	abg.35	33:20.2	410	1:03:26.8	379	1:34:46.4	377	2:06:13.4	375	2:36:04.0	360	3:08:21.5	359	3:38:54.9	325	6:20.2
378	317	324	Bertold	Becker	LT Wetzlar	1960	M45	84	abg.35	31:33.6	336	1:03:45.0	387	1:35:56.0	389	2:07:53.7	384	2:39:25.0	374	3:10:58.9	369	3:43:11.4	342	6:22.6
380	319	461	Thomas	Bender	Trebur	1965	M40	40	abg.35	32:16.7	381	1:02:59.9	371	1:33:47.5	368	2:05:09.6	370	2:36:15.6	361	3:09:56.6	364	3:46:35.9	346	6:26.7
381	320	245	Kurt	Teichmann	Selbolder-Real	1953	M50	41	abg.35	37:50.7	417	1:02:59.9	417	1:33:47.5	368	2:05:09.6	370	2:36:15.6	361	3:09:56.6	364	3:46:35.9	346	6:26.7
382	320	384	Dawn	Blair	Triathlon Rodgau	1960	W40	15	abg.35	33:17.5	406	1:04:38.4	395	1:36:48.4	393	2:08:34.3	390	2:40:29.6	380	3:12:46.6	375	3:46:12.5	349	6:27.8
383	321	23	Klaus	Rebel	Run 4 fun Rödermark	1961	M40	73	abg.35	31:49.5	349	1:02:29.3	355	1:32:50.5	358	2:03:17.1	358	2:35:03.0	353	3:10:27.8	366	3:46:21.4	360	6:28.0
384	321	241	Sabine	Werte	Coolrunners	1975	WHKL	6	abg.35	33:24.8	414	1:07:13.7	422	1:41:24.4	419	2:16:33.1	419	2:55:41.3	416	3:32:09.9	415	4:10:01.5	375	7:08.6
385	321	415	Helke	Ritter	LG Rodgau	1956	W45	18	abg.35	32:08.5	376	1:04:09.6	392	1:33:21.2	363	2:06:36.9	377	2:40:10.0	377	3:23:49.9	401	4:17:45.3	379	7:21.9
386	322	462	Otto	Schneider	LG Würzburg	1931	M70	3	abg.35	33:39.9	420	1:06:02.5	410	1:41:27.9	420	2:19:47.4	424	3:00:02.8	425	3:46:16.3	421	4:32:44.6	381	7:47.6
387	323	352	Axel	Weichert	EK Schwalkheim	1968	MHK	76	abg.30	21:17.1	10	42:14.5	9	1:03:36.7	9	1:24:46.7	12	1:47:37.7	14	2:10:32.4	15	2:42:1.1	4	4:21.1
388	324	600	Tobias	Keim	TSV Berkersheim	1977	MHK	77	abg.30	22:38.8	38	44:18.6	28	1:06:05.5	22	1:28:16.2	24	1:51:57.4	24	2:28:39.7	48	3:02:24.9	48	4:40.8
389	325	288	Christian	Balz	TUS Griesheim	1975	M45	85	abg.30	26:41.0	167	52:27.5	145	1:17:07.9	134	1:42:06.9	128	2:08:10.0	122	2:36:46.3	142	3:02:24.9	90	4:57.3
390	326	100	Peter	Gründling	Passschon8	1957	M45	86	abg.30	25:17.2	121	49:43.7	110	1:13:59.7	100	1:38:36.6	98	2:03:28.1	91	2:37:44.7	155	3:15.5	155	5:15.5
391	327	520	Jens	Häuser	Deutsche Post World Net	1974	MHK	79	abg.30	27:45.4	214	55:00.4	214	1:22:17.8	213	1:49:05.6	210	2:16:25.1	203	2:44:25.9	205	3:15.9	205	5:28.9
392	328	463	Olmar	Klinger	Rodgau	1968	M45	86	abg.30	27:45.0	214	55:00.4	214	1:22:17.8	213	1:49:05.6	210	2:16:25.1	203	2:44:25.9	205	3:15.9	205	5:28.9
393	329	439	Klaus	Wiederspahn	LG Rodgau	1950	M55	25	abg.30	27:43.0	211	54:59.9	212	1:22:08.1	210	1:49:00.3	207	2:16:16.8	199	2:44:28.8	206	3:15.9	206	5:36.0
394	330	448	Frank	Ulrich	Gießen	1963	M40	74	abg.30	28:17.5	247	56:17.3	236	1:24:18.6	242	1:53:09.4	240	2:19:45.4	227	2:47:48.6	226	3:15.9	226	5:36.0
395	331	94	Manfred	Link	LT Hemsbach	1946	M55	26	abg.30	29:18.3	284	56:29.3	241	1:24:43.7	249	1:53:17.7	253	2:22:12.9	250	2:50:29.9	244	3:24.1	244	5:41.0
396	331	532	Susanne	Fendrich	LT Hemsbach	1968	W35	14	abg.30	29:18.3	285	56:29.3	242	1:24:43.4	248	1:53:17.3	252	2:22:12.4	249	2:50:30.3	245	3:24.1	245	5:41.0
397	332	330	Petra	Davidowicz	LT Hemsbach	1958	W45	19	abg.30	28:09.0	234	55:37.3	223	1:23:45.0	231	1:51:59.8	237	2:21:54.1	245	2:51:05.5	252	3:24.1	252	5:42.2
398	332	300	Karl-Heinz	Bar	PSV Pirmasens	1964	M40	75	abg.30	28:24.4	251	56:40.5	249	1:24:07.5	241	1:52:16.5	242	2:21:10.3	242	2:52:03.9	256	3:24.1	256	5:44.1
399	333	505	Klaus Dieter	Schweitzer	Sebamed Team	1958	M45	87	abg.30	29:04.2	274	58:25.1	289	1:27:42.7	287	1:57:48.9	301	2:27:20.1	291	2:57:42.7	297	3:24.1	297	6:01.4
400	333	337	Helke	Stöhr	FC IMPULS OBERTSHA	1987	W35	15	abg.30	32:02.7	362	1:02:30.6	356	1:32:10.2	346	2:01:27.7	336	2:31:10.0	330	3:00:41.9	319	3:30.4	319	6:01.4
401	334	567	Bernd	Rumber	Mühlheim	1977	MHK	80	abg.30	32:02.7	363	1:02:30.6	357	1:32:10.3	347	2:01:27.8	337	2:31:10.0	331	3:00:41.9	319	3:30.4	319	6:01.4
402	334	443	Petra	Mering	Frankfurt	1961	W40	16	abg.30	30:46.0	318	59:14.3	304	1:27:49.9	290	1:56:49.6	280	2:27:42.7	287	3:02:45.3	332	3:30.4	332	6:05.3
403	335	287	Juergen	Schmitzer	VSF Altheim	1963	M40	76	abg.30	28:16.7	246	57:49.6	270	1:27:08.8	278	1:57:28.7	290	2:28:28.0	307	3:03:34.7	337	3:30.4	337	6:05.3
404	336	428	Friedrich	Hemfört	TV Goldbach	1965	M40	77	abg.30	28:10.2	237	57:31.8	263	1:32:04.0	345	2:01:22.6	335	2:31:30.3	333	3:04:13.7	341	3:30.4	341	6:08.5
405	337	307	Bruno	Schmeller	Paaschton8	1962	M40	78	abg.30	29:55.2	298	59:59.9	308	1:32:38.8	310	2:00:22.4	324	2:31:04.2	328	3:04:17.7	342	3:30.4	342	6:08.6
406	338	531	Ernst	Jochimsen	RLT Rodgau	1957	M45	88	abg.30	30:22.9	313	1:00:44.5	322	1:31:01.0	332	2:01:49.1	340	2:33:56.0	348	3:08:27.5	360	3:30.4	360	6:16.9
407	339	575	Jochen	Geis	Aschaffenburg	1966	MHK	81	abg.30	30:13.6	310	1:00:54.1	388	1:35:57.6	388	2:07:48.1	383	2:39:24.3	373	3:10:53.0	368	3:30.4	368	6:21.8
408	340	77	Harry	Eisenkopf	OSC Hoechst	1954	M50	42	abg.30	31:11.6	325	1:01:17.9	334	1:31:11.2	334									

